






September 2019
 USD 466 BREAKFAST MENU
 GRAB & GO



Mon	Tue	Wed	Thu	Fri
2 	3 Breakfast Round Craisins Fruit Juice Milk	4 Cereal Bars Bananas Fruit Juice Milk	5 Uncrustable (PBJ) Apple Slices Fruit Juice Milk Granola Bar HS 	6 Graham Cracker Snacks Sunflower Seeds (HS) Baby Carrots Fruit Juice & Milk
9 Rice Krispy Treats Raisins Fruit Juice Milk	10 Mini Banana Bread Dried Fruit Sunflower Seeds (HS) Fruit Juice Milk	11 Blueberry Muffin Banana Fruit Juice Milk	12 Cheese It's Craisins Fruit Juice Milk	13 Strawberry Parfaits Cinnamon Crisp (H.S) Fruit Juice Milk
16 Powdered Mini Donuts Dried Fruit Fruit Juice Milk	17 Gold Fish Crackers Craisins Fruit Juice Milk Sunflower Seeds (HS)	18 Go-Gurt Granola Bar Apple Slices Fruit Juice Milk	19 Uncrustable (PBJ) Fresh Fruit Fruit Juice Milk Strawberry Pastry HS	20 Chocolate Mini Donuts Banana Fruit Juice Milk
23 Strawberry Delight Pastry Dried Fruit Fruit Juice Milk	24 Chocolate Muffin Raisins Fruit Juice Milk Sunflower Seeds (HS)	25 Cheese-Its Baby Carrots Fruit Juice Milk	26 Mini Banana Bread String Cheese Fresh Apple Fruit Juice Milk 	27 Peach Parfaits Grips Graham Snack –HS Fruit Juice Milk
30 Chocolate Mini Donuts Craisins Fruit Juice Milk	HIGH SCHOOL STUDENTS HAVE A CHOICE OF UNCRUSTABLE OR MAIN ITEM	<ul style="list-style-type: none"> •Menus are subject to change •This institute is an equal opportunity provider 		